# Armed Forces Local support and key national charities

The Armed Forces Covenant is a promise from the nation ensuring that those who served or who have served, and their families, are treated fairly.

The council has signed the Armed Forces Covenant to support serving and former members of the Armed Forces and their families working and residing in Arun District.

Arun District Council is committed to support the Armed Forces Community in West Sussex, including all serving and former members, reservists, and their families.

This resource pack has been created to provide information on local and national support available to the Armed Forces community.

www.arun.gov.uk/community-covenant





# **Local support**

### **Arun District Council**

Armed Forces champions within key departments who link in with local support groups. For homelessness enquiries visit the civic centre, Littlehampton or Bognor Regis Town Hall to be connected to a member of the Housing Options team. Tel. 01903 737500. If you have an armed forces enquiry please email armedforces@arun.gov.uk. The Armed Forces champion can then liaise with the correct department.

#### **Blind Veterans UK**

Helping ex-service personnel to rebuild lives after sight loss. The south coast centre is based in Rustington and provides wellbeing support and rehabilitation to blind veterans. **Tel.** 0800 389 7979 Monday to Friday, 9am to 5pm (excluding bank holidays) <a href="https://www.blindveterans.org.uk/">https://www.blindveterans.org.uk/</a>

### **Charlie Charlie 1**

For veterans by veterans. Support includes: financial/budgeting, mental health/counselling, education, training and employment. 56a High Street, Bognor Regis, PO21 1SP (Monday to Saturday 8.30am to 5pm and Sunday 10am to 4pm)

Tel. 07842 000 476 available 24/7 Email: forces@crimsham-farm.co.uk

# **Arun Veterans Lives Project**

Support includes help with transport getting to the breakfast club or appointments, social activities, loneliness and wellbeing, foodbank voucher assistance. Breakfast club hubs in Arundel and Littlehampton on a Wednesday and Saturday 10am to 12pm.

Tel. 07728 760 246

Email: info@littlehamptonafvbc.org.uk Email: welfare@littlehamptonafvbc.org.uk

# **Bognor Regis RAFA Branch & Club**

Membership available for veterans, serving personnel from all HM Armed Forces and for those in our community who support our cause. Offering wellbeing activities, advice and support and a monthly veterans breakfast.

19 Waterloo Square, Bognor Regis PO21 1TE (open daily)

Tel. 01243 865615

Email: clubmanager@rafa381.co.uk

https://www.rafa381.co.uk

# Sussex/national support

## **Forces Employment**

We provide life-long, life changing support, jobs and training opportunities to veterans, irrespective of circumstances, rank, length of service, or reason for leaving.

Tel. 0121 262 3058

Email: info@forcesemployment.org.uk https://www.forcesemployment.org.uk/

## **Op Community**

A dedicated email and phone number for the armed forces community (including family members and carers of those serving or who have served in His Majesty's Armed Forces).

Tel. 01273 403 693 Monday to Friday, 9am to 5pm

Email: afn.admin@nhs.net

## **Royal British Legion**

Providing support to serving and ex-serving personnel and their families. From advice and guidance, to recovery and rehabilitation, through to transitioning to civilian life.

Tel. 0808 802 8080

https://www.britishlegion.org.uk/get-support/who-we-help

# **SSAFA** - the Armed Forces charity

Support includes financial assistance, welfare and housing advice, and mentoring.

Tel. 0800 260 6767

https://www.ssafa.org.uk/

Online contact form: https://www.ssafa.org.uk/get-help/forcesline

Live chat also available

## **RAF Association**

The charity that supports the RAF Family. Providing welfare support for all RAF beneficiaries and facilities on RAF Stations to support personnel and their families.

Tel: 0800 018 2361

Email: enquiries@rafa.org.uk

https://rafa.org.uk

For details of further support organisations in West Sussex and nationally visit <a href="https://www.arun.gov.uk/community-covenant/">https://www.arun.gov.uk/community-covenant/</a>

